Dimensions of Personal Identity

“A” DIMENSIONS:
- Age
- Culture
- Ethnicity
- Gender
- Language
- Physical/Mental Well Being
- Race
- Sexual Orientation
- Social Class

“B” DIMENSIONS:
- Education Background
- Geographic Location
- Hobbies/Recreational
- Health Care Practices/Beliefs
- Religion/Spirituality
- Military Experience
- Relationship Status
- Work Experience

“C” DIMENSIONS: Historical Moments/Eras

Arredondo & Glauner, 1992
Empowerment Workshops, Inc.